

**Product Name:**

# 60-Second Gommage

**Advanced Micro-Gommage Exfoliant with Alpha Hydroxy Acid**



## Product Effects:

Delivers immediate epidermal desquamation and clarifying action through an advanced dual-action mechanism. Upon application, the oil-free liquid flash-dries into an invisible, flexible micro-film that tightly binds to accumulated dead skin cells, oxidized surface sebum, and micro-impurities. Gentle mechanical friction induces the matrix to roll into soft, translucent flakes, instantly polishing the skin surface to reveal a smooth, uniform complexion with enhanced light reflectance.

## Benefits on Skin:

- **Accelerated Corneocyte Desquamation:** Promotes the efficient shedding of cohesive, dead epidermal cells from the stratum corneum, thereby smoothing the skin's micro-relief.
- **Follicular Ostia Cleansing:** Mechanically sweeps away superficial sebum plugs, cellular debris, and trapped particulate matter from pore openings, minimizing the appearance of surface congestion.
- **Optimization of Transdermal Permeability:** Eliminates the obstructive hyperkeratotic barrier, significantly reducing epidermal resistance to enhance the baseline absorption of subsequently applied topical actives.
- **Epidermal Texture Refinement:** Targets and diminishes localized hyperkeratosis on frictional body zones (such as knees, elbows, ankles, and knuckles), restoring structural softness to tactilely rough tissue.
- **Enhancement of Uniform Surface Light Scattering:** By establishing a microscopically uniform epidermal profile, it optimizes light reflectance across the skin, clinically resolving visual dullness without inducing vascular erythema.

## Indications:

- Cutaneous dullness, loss of radiance, and uneven skin tone.
- Rough epidermal texture and superficial skin irregularities.
- Superficial clogged pore openings and surface debris.
- Localized hyperkeratosis (thickened, darkened skin) on target body areas such as knees, elbows, ankles, and knuckle joints.
- Skin preparation to optimize the transdermal absorption of advanced clinical serums.

## Direction for Use:

- To prevent premature setting and ensure maximum flake formation, always utilize the targeted Zone-by-Zone technique:
1. **Preparation:** Begin with a thoroughly cleansed and 100% dry skin surface. Any residual moisture will compromise the formula's flash-dry mechanism.
  2. **Zone 1 (Forehead, Temples & Nose):** Spread a thin, uniform layer across the forehead, extending to the temples and down the bridge of the nose. Avoid the immediate eye contour. Wait 60 seconds until the liquid sets into a tacky film. Using dry fingertips, massage in firm, outward, and upward motions toward the hairline until the product completely balls up into clear flakes.
  3. **Zone 2 & 3 (Cheeks & Jawline):** Repeat the exact application, allow the 60-second setting period, and perform the outward massage sequence on the right cheek/jawline, then move to the left cheek/chin area.
  4. **Rinse:** Thoroughly rinse the treated areas with lukewarm water to clear all residual flakes. Pat dry with a clean towel.

## Recommendation:

- **Facial Protocol:** For oily and combination skin types, use 1–2 times weekly. For normal and dry skin types, use once weekly or every 10 days, preferably during your evening routine.
- **Body Protocol:** For targeted rough or darkened areas (knees, elbows, ankles), apply 2–3 times weekly to accelerate cell turnover.
- **Clinical Synergy:** For maximum efficacy, apply Opserum C-Absolute Serum immediately after rinsing to exploit the skin's heightened post-peel permeability, followed by a professional moisturizer.

## Safety:

- **Sunburn Alert:** This product contains an Alpha Hydroxy Acid (AHA) that may increase your skin's sensitivity to solar radiation. Always apply a broad-spectrum sunscreen (SPF 30+) during the day and limit direct sun exposure during use and for one week thereafter.
- Keep out of reach of children.
- Store in a cool, dry place, strictly away from direct sunlight, open flames, or high-temperature environments. Keep the container tightly sealed after each use.